GEMS TINEY HOME NURSERY

HOME FROM HOME CHILDCARE

Nappy and Toilet Training Policy

Purpose

We provide prompt, respectful and hygienic personal care at Gems tiney Home Nursery. Parents are responsible for starting and leading their child's toilet training at home. Our role is to support an established parental plan during booked care, adapting it where necessary to keep the child comfortable, safe and included.

Parent led toilet training

Parents should speak to Gemma before sending a child in underwear or starting a new training approach at nursery. They should explain the routine already introduced at home, the words and signals used, reminders that help, progress so far and any health or additional needs.

We agree how the established approach can be supported within the setting's routine and safe supervision of all children. We do not take sole responsibility for initiating training, provide a separate intensive training programme or guarantee a completion date. Parents continue the plan at home and tell us about changes.

Training is not a condition of a place. We make reasonable adjustments for disability or additional needs and do not penalise a child for delayed continence. If the approach is causing distress or is not working, we discuss changes with parents and seek relevant advice rather than blame the child.

Support during the day

We use familiar words, gentle reminders and opportunities to use the potty or toilet at suitable points and when a child indicates they need to go. Children have safe access

and adult help, including suitable seats or steps where needed. We respect their signals and never force prolonged sitting, shame them or withhold drinks.

Encouragement recognises effort and developing independence. Children are not compared with others or punished for accidents. We share relevant progress, difficulties and changes with parents so the agreed support remains consistent.

Nappy changes and hygiene

Nappies are checked regularly and changed promptly when wet or soiled and according to individual need. Care takes place in a suitable clean area with the child's dignity protected and safe supervision maintained for the rest of the group. Children are never left unattended on a raised changing surface.

Adults wash hands before and after care and use appropriate disposable gloves and aprons for nappy changes or contact with body fluids. Protective items are changed between children and do not replace handwashing. Changing surfaces are cleaned and disinfected after use and nappies disposed of securely.

Children are helped to wash hands after changing or toileting. Potties and toilet equipment are cleaned appropriately after use. We explain what we are doing, respond sensitively to discomfort and share concerns such as rash, pain or constipation with parents. Creams and other treatments follow our consent and medication arrangements.

Supplies and accidents

Parents should supply nappies, wipes, any agreed cream and several complete changes of practical clothing and underwear. We tell parents when supplies run low. Where funded-place consumables are chargeable, reasonable free alternatives follow our Funded Hours Policy; care is not withheld because a family cannot buy an optional extra.

Accidents are managed calmly and children are cleaned and changed promptly. Soiled clothing is bagged securely for parents to take home. Adults clean affected areas safely. A lack of spare clothes is discussed with parents and managed using suitable spares or another safe arrangement, never by leaving a child wet or soiled.

Privacy health and records

Only suitable authorised adults provide intimate care within agreed safeguarding arrangements. Children have privacy while adults remain able to supervise safely. Phones are not used to photograph, film or record during changing or toileting; app entries are completed afterwards when supervision allows.

We keep appropriate care records and discuss recurring accidents, withholding, painful toileting or persistent soiling with parents. Families may be signposted to a health visitor, GP or continence service. We do not diagnose constipation or treat involuntary soiling as deliberate behaviour.

Review and references

Gemma briefs assistants on each child's agreed support and reviews this policy annually or sooner if needs or guidance change. References: current EYFS childminder framework, intimate hygiene and SEND; NHS potty training and constipation guidance; Department for Education Toilet training guidance.

Policy owner: Gemma Bayley
Reviewed: November 2026
Next review due: November 2027